

Anglican Youth of Southern Africa [AYSA]

September 2025

**Provincial**

*Youth Month*

**Prayers**



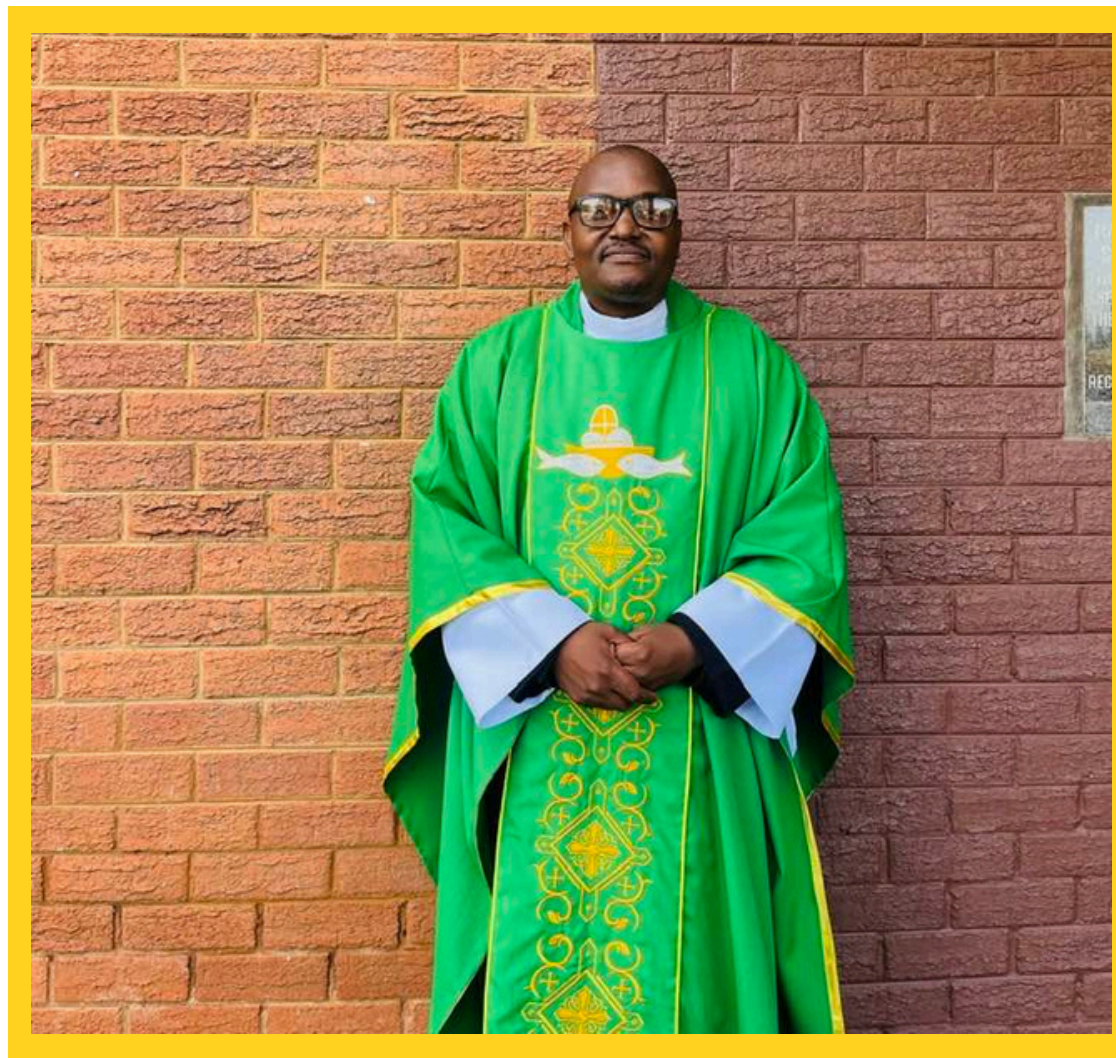
Provincial Chaplain: Revd. Mzo Sibiyi

## Message from Chaplain

As we enter our Provincial Youth month, allow me to invite all young people in our beautiful province, youth guilds and fellowships inclusive of guilds with young people to celebrate by being involved in day-to-day parish ministry.

We encourage you to request for slots to lead worship (reading, preaching (if your parishes allows), retreats, Bible studies etc. This happens during **Season of Creation**; a time where we celebrate God's wonderful creation, may you also use this time to appreciate what you see around you. Be inspired to be agents of change in your communities.

Amongst many other prayer requests we implore you to use these prayers for your daily use particularly Wednesdays and Sundays, individually and collectively.



Revd. Mzo Sibiyi

# Wednesday Prayers



**Mental Health**



**Vocation**



**Employment**



**Families**



# Sunday Prayers



**Abuse**



**Disabilities**



**Addiction**



**Academics**



# Season of Creation

01 September- 4 October



## Prayer for Young People affected by Environmental Issues

Loving God, we lift up to you the young people of the world, who are inheriting a planet facing environmental challenges. We pray for their strength and resilience as they navigate the realities of climate change, pollution, and resource depletion.

We ask for your guidance and wisdom to be poured out upon them, that they may find hope and courage in the face of adversity. May they be empowered to be agents of change, working towards a more sustainable and just future. Through Jesus Christ our Lord. **Amen**



**Wednesday 3<sup>rd</sup> September | Sunday 7<sup>th</sup> September**



## **MENTAL HEALTH**

God, we lift up young people who are facing difficult challenges with their mental health. We ask for your healing touch to mend their broken spirits and restore their joy. Grant them the courage to seek help and connect with compassionate individuals and resources. Help them to find strength in your love and wisdom, and to know that they are not alone in their struggles. May they experience peace and hope as they navigate their journey towards healing. We pray all of this in your Holy name, Amen.

**Adopted from: Bradley Kellie resources**

## **YOUNG PEOPLE WITNESSING/EXPERIENCING ABUSE**

Loving God, whose Son was both victim and victor, we cry to you for those who suffer abuse. Be with them in confusion and pain. Heal the wounds of body and mind; break open the prisons of fear, self-doubt and despair; and strengthen them to face the future with faith, hope and courage. Enable us to listen, to believe and to love. Reach out to them with your love, that they may be made whole in body, mind and spirit, through the healing touch of the suffering Christ. Amen.

**Adopted from: Imaginary Diocese (Bishop John)**

## **EMPLOYMENT**

Loving God, we bring before you our young people who are seeking employment. We ask for your guidance and blessing as they search for meaningful work that will honor you and serve your people. May they be blessed with the right opportunities, and may they be granted the skills and wisdom to excel in their chosen careers. May their work be a source of joy and fulfillment, and may they find satisfaction in contributing to the well-being of others. Grant them the strength to persevere through challenges, and may they always be mindful of your love and grace. We pray for their success and happiness in their work, and for the joy of serving you through their daily labor. Amen.

**Adopted from: Sherry Schumann website**

## **YOUNG PEOPLE SUFFERING FROM SUBSTANCE ABUSED**

Dear God, we bow before You, Lord God, placing our friends who are battling addiction into Your loving hands. Almighty God, we ask for Your mercy and grace to touch their hearts and bring healing into their lives. Grant them strength to break free from the chains that bind them and guide them towards hope and renewal. We pray heavenly father for family and friends who surround them, that they may all be instruments of comfort and encouragement. Jesus our Lord, please bless their path to recovery and give them the courage to take one step at a time. Fill their lives with the presence of the Holy Spirit, breathing peace and clarity into every decision they make. Dear Lord, help us strengthen relationships as we walk this challenging road together. May our prayers for family and our prayers for friends be lifted to You each day, especially in our morning prayers. This we ask in Jesus' name, Amen.

**Adopted from: Imaginary Diocese (Bishop John)**

# Verses to Ponder upon

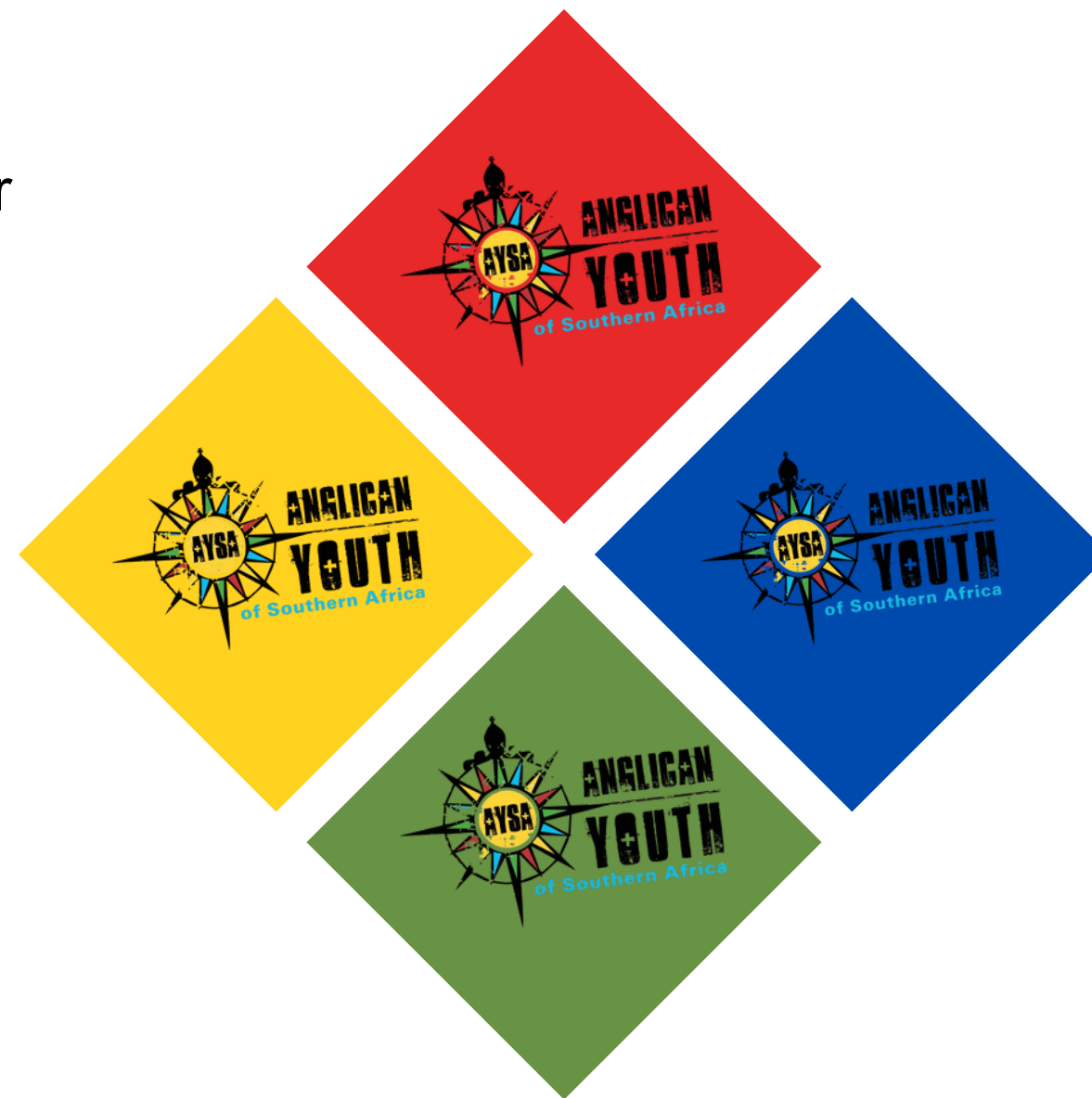


## 1 Timothy 2:17

For God gave us a spirit not of fear  
but of power and love and self-  
control.

## Psalms 119:9

How can a young person stay on  
the path of purity? By living  
according to your word.



## 1 Peter 5:7

Casting all your anxieties on him,  
because he cares for you.

## Titus 2:6

Likewise, urge the younger men to  
be self-controlled.



**Wednesday 17th September | Sunday 21<sup>st</sup> September**



## **DISCERNING VOCATION**

Lord, help your young people to listen attentively to your Word. We pray that you help them to make wise decisions for their future, which are inspired by faith in You. We ask that you help each of them, at whatever stage in life, to be open to what you are calling us to do and to be. May they clearly hear your call and respond to it humbly. We ask all of this in the name of your dearly beloved Son and our Lord, Jesus Christ. Amen

Adopted from: [sioxcitypriest.org](http://sioxcitypriest.org)

## **YOUNG PEOPLE WITH DISABILITIES**

Dear God, we ask that you give us the courage to break down the barriers that separate us from one another. Enable us to reach out lovingly to all your children, so that, together, we may all participate fully in parish life and worship. Make us grateful for the talents and abilities that all young people can share with the Church. Guide our actions to create truly welcoming communities that are open to the gifts of everyone, celebrating our interdependence with respect for all life. Help us to appreciate all young living with disabilities, who contribute their time and talents, even in the face of obstacles or misunderstanding. Through Jesus Christ our Lord. Amen

Adopted from: [sanangelodiocese.org](http://sanangelodiocese.org)

**Wednesday 24th September | Sunday 28<sup>th</sup> September**



### **YOUTH-HEADED FAMILIES**

Gracious God, we give you thanks for youth-headed families and their unique journey. We ask for your wisdom and guidance to be upon them, especially for the young people who bear the responsibility of raising their siblings. Grant them strength and resilience to face the challenges they encounter, and provide for their needs, both physical and spiritual. Bless the children with your protection, health, and a strong sense of love and belonging. May their family be a place of peace, joy, and growth. We ask this in your loving name. Amen

**Adopted from: [sioxcitypriest.org](http://sioxcitypriest.org)**

### **YOUNG PEOPLE STRUGGLING IN ACADEMICS**

Merciful God, source of all wisdom and knowledge, we humbly beseech you to be with our youth as they navigate the challenges of their studies. Grant them clarity of mind, the ability to focus, and the strength to persevere through difficulties. May they approach their learning with diligence, humility, and a desire to grow in wisdom and understanding. We ask this in the name of Jesus Christ, our Lord. Amen.

**Adopted from: [christianprayersonline](http://christianprayersonline)**

# Enjoy

# Youth Month

For more youth inspired stories, login

[www.aysa.org.za](http://www.aysa.org.za)

